

INCREDIBLETM

ATHENATM
SUPER ICE ❄️

TREATMENT PARAMETER FORM

For 10 Bar 1200W Diode Laser



HEALTH CANADA LICENCED

FEMALE

Parameter



Face 	Energy (J/cm ²)	60	55	45	40	35	30
	Pulse Width (ms)	30	30	30	30	30	30
	Frequency (Hz)	5	5	6	6	6	7
	Shot Numbers	Face treatment 600–800 shots					
	TreatmentTime	Total treatment time is about 6–8 minutes					

Armpit 	Energy (J/cm ²)	65	60	55	55	45	40
	Pulse Width (ms)	30	30	30	30	30	30
	Frequency (Hz)	5	5	6	6	6	7
	Shot Numbers	Each Armpit treatment 200–350 shots					
	TreatmentTime	Each armpit total treatment time is about 3–5minutes					

Abdomen 	Energy (J/cm ²)	70	65	60	55	50	45
	Pulse Width (ms)	30	30	30	30	30	30
	Frequency (Hz)	5	5	6	6	6	7
	Shot Numbers	Abdomen treatment 1500–3300 shots					
	TreatmentTime	Total treatment time is about 9–15 minutes					

Bikini 	Energy (J/cm²)	60	55	50	45	40	35
	Pulse Width (ms)	30	30	30	30	30	30
	Frequency (Hz)	5	5	6	6	6	7
	Shot Numbers	Bikini treatment 450– 550 shots					
	TreatmentTime	Total treatment time is about 4–6 minutes					

Leg 	Energy (J/cm²)	70	65	60	55	50	45
	Pulse Width (ms)	30	30	30	30	30	30
	Frequency (Hz)	5	5	6	6	6	7
	Shot Numbers	Each leg treatment 2900 –4200 shots					
	TreatmentTime	Each treatment time is about 16–20 minutes					

Arm 	Energy (J/cm²)	65	60	55	50	45	40
	Pulse Width (ms)	30	30	30	30	30	30
	Frequency(Hz)	5	5	6	6	6	7
	Shot Numbers	Each Arm treatment 1900–3200 shots					
	TreatmentTime	Each treatment time is about 12–16 minutes					



MALE

Parameter



	Face	Energy (J/cm ²)	55	50	45	40	35	30
		Pulse Width (ms)	30	30	30	30	30	30
		Frequency (Hz)	5	5	6	6	6	7
		Shot Numbers	Face treatment 600–800 shots					
		TreatmentTime	Total treatment time is about 6–8 minutes					

	Armpit	Energy (J/cm ²)	60	55	50	45	40	35
		Pulse Width (ms)	30	30	30	30	30	30
		Frequency (Hz)	5	5	6	6	6	7
		Shot Numbers	Each Armpit treatment 200–350 shots					
		TreatmentTime	Each armpit total treatment time is about 3–5minutes					

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		Pulse Width (ms)	30	30	30	30	30	30
		Frequency (Hz)	5	5	6	6	6	7
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		TreatmentTime	Each treatment time is about 12–16 minutes					

I:Mark :

1) The **parameters are for reference only**. It is recommended to **start with low energy** and **adjust the parameters appropriately** according to the customer's feedback during treatment.

2) The **specific number of light spots is for reference only**. It will be different according to the physical condition of different customers, and the end point response of the treatment shall prevail.

II: The best treatment result after one session:

1. Ask the **client** if they **can feel the pain of acupuncture** in each hair follicle.

2. **Mild erythema** will appear on the skin after laser treatment, and **small papules** will appear on the skin follicle opening, please refer to the picture below.

(Remember not to blisters and erosion).



Mild erythema

Small Papule

End the treatment immediately after reaching the above treatment end point.

III: Contraindications

- 1) People who have **recently received sun exposure** and are about to receive sun exposure.
- 2) People with **photosensitive skin** and those who have **used photosensitive drugs**.
- 3) Those who have recently **taken isotretinoin**.
- 4) **Pregnant women**.
- 5) **Severe diabetes, hypertension, heart disease patients**.
- 6) Those with a history of **keloids**.

- 7) **Patients** suspected of having **skin cancer**.
- 8) There are patients with **high expectations**, **patients with mental disorders**.
- 9) People with **infected skin** at the treatment site.
- 10) **Hormone cosmetics** such as freckle cream are being used.



IV :Treatment skills:

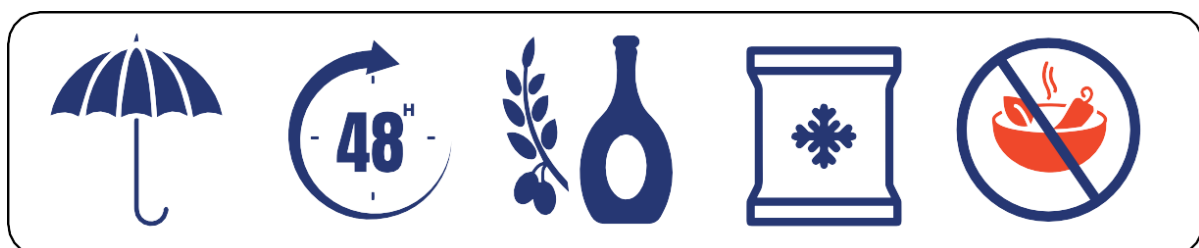
1. **Small area treatment** (such as lips, armpits, hairline) with point pressure operation, two points of light at a time! If you can't tolerate it, you can press and release the light once!
2. **Large area treatment** (limbs, full back, abdomen) and other sliding operations can be imported in multiple directions, allowing light to be better introduced into the hair follicles!
3. **For the limbs, full back, and abdomen treatment**, it is more tired to press the button for a long time, you can choose to use the foot pedal, so the control is not tired!
4. **If there are dark spots or moles in the hair removal area**, you can use a white liner pen to cover them. If there are large spots or tattoos in the hair removal area, hair removal treatment is not recommended for that area.
5. **If severe redness occurs after treatment**, you can apply cold compress for 15-20 minutes to relieve discomfort. If the skin reaction shown in the following figure occurs, it means severe urticaria. Ask if there is a history of urticaria. You can use antihistamines for symptomatic treatment.

6. If any blisters appear due to improper treatment, please refer to the treatment of burns and apply burn ointment to prevent infection.



V :Post-operative considerations:

1. Strengthen sun protection after surgery, it is best to **use SPF30–50 sun protection products**, go out and wear an umbrella and wear a cap.
2. Note that you can **take a bath only 48 hours after treatment!**
3. There will be **slight flushing, slight burning and pain in the treatment area**, which is normal! If the **discomfort is strong**, apply **a cold compress for 20–30 minutes** if necessary, and rub the skin without force.
4. **After the operation, the skin appears dry**, you can **apply jojoba oil or olive oil** to alleviate this discomfort!
5. Generally **about 7 days**, it is **easier to fall off** or **can be easily pulled out!**
6. **Avoid spicy foods and light-sensitive foods** (such as parsley, celery, leek, etc.) within a week.





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